



**TREE TOP  
HOSPITAL**  
*Excellence in Healthcare*

**Tree Top Hospital**

A Division of Tree Top Health Pvt. Ltd.

Lot 10608, Dhumburi Magu, Hulhumale', 23000, Maldives.  
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PRESS RELEASE

### Top Athlete's ACL surgery at TTH successful

Tree Top Hospital successfully completes Anterior Cruciate Ligament (ACL) Reconstruction surgery for Maldivian athlete Ms. Aminath Rabaab.

Arthroscopic ACL surgery is done to repair a partially or completely torn ligament. The surgery is conducted by removing the damaged ligament and replacing it with a segment of the tendon. The replacement tissue is called a graft and it is taken from another part of the knee or tendon.

Ms. Aminath Rabaab underwent Arthroscopic ACL reconstruction at Tree Top Hospital under the expertise of orthopedic surgeon Dr. Kanninraj Marimuthu.

Dr. Kanniraj Consultant Orthopaedic Surgeon is specialized in Joint replacement surgery, Sports Medicine Surgery, Shoulder Surgery, and Knee Surgery. He completed his MBBS from Madras Medical College, India followed by orthopedic training (MS Ortho) in the orthopedic department of Sawai Man Singh Medical College, India. During his training, he was awarded the All India Best Resident Orthopedic Surgeon Award by the Bombay Orthopedic Society for his clinical and academic excellence.

Ms. Aminath Rabaab is a 23-year-old talented netball player for the Maldivian National Netball team. She has won a number of local and international awards. She recently won the Best Female Athlete of the Year award at the Maldives National Sports Awards 2022.

However, she faced a major setback after suffering a twisting injury to her left knee which on clinical examination, was diagnosed as a tear in the ACL ligament. The ACL is located in the center of the knee and is essential for the stability of the knee. An ACL tear is one of the most feared sports injuries because it leaves a person vulnerable and can only be repaired surgically. Additional effects of the injury included weakness in the quadriceps muscles.

Tree Top Hospital was Ms. Aminath Rabaab's first choice of treatment due to the positive recommendations she heard from several other athletes.



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"Tree Top Hospital's team has made this journey bearable. I was able to build trust everyone from the first consultation until I was discharged. I would like to express my gratitude to Dr. Kanniraj and the team wholeheartedly, I can definitely assure you that I will return here in the future" shares Rabaab.

Dr. Kanniraj shared that "As a hardworking and dedicated sportsman, Rabaab was sincere in her post-operative physiotherapy and shows extraordinary progress in re-strengthening her quadriceps she is making good progress and I hope to see her on the field soon"

Aminath Rabaab is currently recovering and hopes to return to training with her team soon.

Tree Top Hospital's Orthopaedic specialists have extensive training, experience, and expertise in minimally invasive surgery and reconstructive surgery. Our surgeons use the latest techniques and tools to improve care for individuals of all ages with problems in all areas of orthopedics

Established in 2018, Tree Top Hospital provides excellence in healthcare by offering a wide spectrum of specialized health and medical services, ranging from health screening centers leading to high-end medical and surgical services, supported by state-of-the-art technology

For more information, please contact 3351610 or email care@treetophospital.com